



Basketball Program (2011-2012)

Another basketball season is upon us! This season is shaping up to be an exciting one for our student athletes. Our coaches are preparing for practices that will begin at the end of October. Last season our 2nd graders were called into action with our 3rd team as we did not have enough players to field a team. This was a first for SRLA. This year our 3rd graders will be playing on a combined team with the 4th grade. A 5-week clinic will be held in January and February for our 1st and 2nd grader girls and boys as we did two years ago.

Our program mission, code of conduct, uniform policy, and registration fees remain the same and we will continue involvement with the Morris County Catholic Basketball League.

Our mission is to foster the growth of SRLA students by instilling a passion for the game of basketball, a competitive spirit, and pride in Saint Rose of Lima Academy. We will have fun learning teamwork and sportsmanship, respect for each other and our opponents, and will strive to affirm our Catholic school heritage. The program is open to boys and girls in grades 3 – 8 and runs from October through March.

Team Structure

It's important to note that historically SRLA has fielded large teams as nearly all students in grades 3-8 participate in basketball. We encourage parents to car pool to practice so that all of our students can participate and build their Raven team, class and school spirit.

1. 8th Grade Girls
2. 7th Grade Girls
3. 6th/5th Grade Girls
4. 4th/3rd Grade Girls
5. 8th/7th Grade Boys
6. 6th/5th Grade Boys
7. 4th/3rd Grade Boys

Season Highlights

1. **Thanksgiving Tournament** – we will continue our long tradition
2. **4th/3rd Grade Tournament** – we will hold our third annual tournament in December.
3. **MCCBL March Tournament** – will be held during the first two weeks of March 2012
4. **2nd/1st Grade Clinic** – we will be held in January and February if Parents from those grades step up to assist with coaching. Please contact Rick Longenecker at 973-985-4254 or rl@armaturegroup.com.

Registration – this year's registration information is attached. Please note the following changes:

1. **Registration Fee** – no changes have been made to our fee structure this year (see attached)
2. **Uniform Policy** – no changes have been made to our uniform policy (see attached). The attached form can be used to order replacement jerseys and/or shorts.
3. **Warm-up Shooting Shirts** – no changes have been made to our warm-up shooting shirt policy (see attached). Players will be responsible for covering the cost of lost, worn-out or outgrown warm-up shooting shirts. The attached form can be used to order replacement shooting shirts.

If any of these fees present a financial hardship for you please contact Rick Longenecker at rl@armaturegroup.com or 973-985-4254.



SRLA Basketball Program Structure & Guidelines

Grades 3-4 Each player will receive equal playing time. The emphasis is on individual and team skills, understanding the fundamentals of basketball, and having fun while building an appreciation for the competitive nature of basketball.

Grades 5-6 All players will be granted playing time. MCCBL rules state that players showing up to a game in uniform will have equal playing time in the 1st, 2nd and 3rd periods. In the 4th period player rotation will be determined by the respective coaches.

Therefore to build personal responsibility and commitment, teamwork, and a sense of school pride game attendance will be determined by each SRLA coach **prior to each game**. Players not meeting the following criteria may be asked by the coach to sit out a game:

1. Attendance at practice
2. Behavior at practice
3. Sportsmanship
4. Willingness to learn

While winning is not the primary goal our emphasis is on preparing children for a more competitive level of play.

Grades 7-8 All players will be granted playing time. MCCCBL rules state that player rotations will be the sole discretion of the respective coaches. Playing time will be determined by each SRLA coach using the following criteria:

1. Attendance at practice
2. Behavior at practice
3. Sportsmanship
4. Willingness to learn
5. **Ability**
6. **Dedication to the game and the team**

All games will be competitive and teams will be playing to win.



Basketball Registration Form 2011-2012

The following must be done prior to submission of this registration form:

1. Complete player/parent emergency contact information below
2. Parent/Guardian **must sign** Parent Permission
3. Parent/Guardian **must sign** Code of Conduct – Parent’s Pledge
4. Player **must sign** Code of Conduct – Athletes Pledge
5. Parent/Guardian **must select** Player Uniform Option (grades 4-8 only)
6. Parent/Guardian **must select** Player Warm-up Shooting Shirt Size (all grades)
7. Prepare check for registration and uniform fee **payable to SRLA HSA**
 - a. Grades 7 and 8 = **\$80** only; **If needed, jersey = \$30; shorts = \$30; shooting shirt = \$20**
 - b. Grades 5 and 6 = **\$80** only; **If needed, jersey = \$30; shorts = \$30; shooting shirt = \$20**
 - c. Grades 3 and 4 = **\$80** (jersey and warm-up shooting provided by the HSA)

If this presents a financial hardship for you please contact Rick Longenecker at rl@armaturegroup.com or 973-985-4254.

Please return all of the above by **FRIDAY, October 14, 2011** to Christine Athaide HSA Treasurer

Player #1 Name: _____ Boy/Girl: _____ Grade: _____

Player #2 Name: _____ Boy/Girl: _____ Grade: _____

Player #3 Name: _____ Boy/Girl: _____ Grade: _____

Home Phone #: _____ Mom Cell Phone #: _____

Home Phone #: _____ Dad Cell Phone #: _____

Mom Email Address _____

Dad Email Address _____

Emergency Contact:

Name: _____ Phone #: _____

Name: _____ Phone #: _____



**Parent Basketball Permission Form
2011-2012**

I, _____ (parent/guardian), hereby give
permission for my son/daughter:

Player #1 _____

Player #2 _____

Player #3 _____

to play basketball for the Saint Rose of Lima Academy Ravens during the current school year.

I have read and signed the "Code of Conduct – Parents' Pledge" and my child has read and
signed the "Code of Conduct – Athlete's Pledge."

Signature of Parent/Guardian

Date



**Basketball Code of Conduct – Parents’ Pledge
2011-2012**

I hereby pledge to help my child have a healthy and positive sports experience by upholding the following:

1. I will do my very best to make the sports experience positive for my child, and will place his/her emotional and physical well-being ahead of a personal desire to win.
2. I will familiarize myself with, and support, school policies and league rules.
3. I will respect the judgment, strategy, and decisions of the coach. If I have questions, concerns or suggestions I will bring these to the coach privately in an appropriate manner (i.e. never in anger, never during a game, never in front of children, etc.)
4. I will bring all questions, concerns, or suggestions that cannot be addressed by the team coach to the attention of the Athletic Director
5. I will expect my child to treat his/her teammates, other players, coaches, fans, and officials with respect and dignity.
6. I will never indulge in behavior or conversation that would incite my child or other spectator against a coach, a team member, another team, or a game official.
7. I will see to it that my child attends all scheduled practices and games and will communicate any conflicts to the coach in a timely fashion. I will support the efforts of the coach and team by getting my child to and from practices and games on time.
8. I will demonstrate good sportsmanship at all times and will help my child to win and lose with grace.
9. I will support the school sports program and assist with volunteer efforts whenever possible.

Parent/Guardian Signature: _____

Parent/Guardian Signature: _____

Date: _____



**Basketball Code of Conduct – Athletes’ Pledge
2011-2012 School Year**

As a member of my school team I promise to:

- 1. Maintain a positive attitude and try my best always**
- 2. Represent my school and community by exercising good sportsmanship on and off the court at all times. This applies to both practices and games.**
- 3. Listen to my coaches, respect their authority, and accept their decisions.**
- 4. Show up on time for practices and games.**
- 5. Follow the rules and set a good example.**
- 6. Respect the efforts of my teammates and opponents.**
- 7. Exercise self-control.**
- 8. Respect the authority of the game officials and accept their decisions without complaint.**
- 9. Learn to win and lose gracefully.**
- 10. Remember at all times to treat each of my teammates with kindness and dignity.**
- 11. Live by the T.E.A.M. rule – Together, Everyone, Achieves More!**

Player #1 Signature: _____ Date _____

Player #2 Signature: _____ Date _____

Player #3 Signature: _____ Date _____



**Basketball Warm-up Shooting Shirt Order Form (all grades)
2011-2012**

In 2009 the HSA agreed to provide personalized warm-up shooting shirts for all players in grades 3-8. Note that the style of the shirts will be different for grades 3-4, JV (5-6) and Varsity (7-8). Replacement costs for lost, worn-out, or outgrown shirts will be the player's responsibility.

Please select the shirt size for each player.

Player #1 Name: _____ Boy/Girl: _____ Grade: _____

Player #2 Name: _____ Boy/Girl: _____ Grade: _____

Player #3 Name: _____ Boy/Girl: _____ Grade: _____

Warm-up	Adult Sizes					Youth Sizes			
	XL	L	M	S		XL	L	M	S
Player #1									
Player #2									
Player #3									



Grade 5 to 8 Basketball Uniform Order Form 2011-2012

In 2009 the HSA agreed to shift from a “school owned” basketball uniform to a “player owned” uniform. All grade 5 to 8 players are required to purchase an approved SRLA Ravens basketball jersey and shorts. If this presents a financial hardship for you please contact Rick Longenecker at rl@armaturegroup.com or 973-985-4254.

1. Players are encouraged to re-use their uniform in grades 5 to 8 as long as the uniform fits them and is not deemed “worn-out” by their coach.
2. Each player will be responsible for maintaining the appearance of their uniform.

Uniform Selection:

1. Uniform style will be selected by the Athletic Director, with input from coaches, and will require approval by the HSA board.
2. Uniforms will consist of a personalized jersey with the players name on the back and shorts. Both the jersey and shorts will be adorned with the Saint Rose of Lima Academy Ravens logo
 1. Please select uniform size for jersey and shorts in the table below.
 2. Please have your daughter/son list their desired uniform number below. If no number is selected one will be assigned by the coach or athletic director.
3. Both jersey and shorts will be reversible with navy blue, gold and white on one side and white, navy and gold on the other.

*Note that last names will be placed on each player’s jersey

Jersey	Adult Sizes				Youth Sizes				Desired #		
	XL	L	M	S	XL	L	M	S	1 st	2 nd	3 rd
Player #1											
Player #2											
Player #3											

Shorts	Adult Sizes				Youth Sizes			
	XL	L	M	S	XL	L	M	S
Player #1								
Player #2								
Player #3								



Appendix

**Information about the
Morris County Catholic Basketball League (MCCBL)**



The Morris County Catholic Basketball League (MCCBL)

Since 1996 SRLA has been a member of the MCCBL. Prior to that SRLA was a member of the GLL which operates in Essex County. The MCCBL is a catholic school league not a catholic youth organization or CYO league. What's the difference? CYO leagues allow catholic students and CCD students from the parish to participate. A catholic school league only allows school students.

The following schools are members of the MCCBL:

1. Assumption – Morristown
2. Holy Family – Florham Park
3. Our Lady of Magnificat - Kinnelon
4. St. Elizabeth – Bernardsville
5. St. Joseph – Mendham
6. St. Patrick – Chatham
7. St. Mary – Denville
8. St. Pius – Montville
9. St. Vincent DePaul – Stirling
10. St. Vincent Martyr – Madison
11. St. Virgil – Morris Plains

Morris County Catholic Basketball League (MCCBL) Rules

- 1. Let the players, play; the coaches, coach; and the referees, ref.**
- 2. During foul shots, there must be complete silence.**
- 3. Fans are to cheer in a positive manner at all times.**
- 4. Only the head coach is permitted to address the officials.**
- 5. The league reserves the right to eject any fan, coach or player who is unruly and a Technical foul may be assessed.**
- 6. Not following these rules will put your school in danger of forfeiting the game.**
- 7. No spectator basketballs are permitted in the gym during games.**
- 8. All persons entering this facility have read and agreed to the MCCBL Athletic Code of Conduct**



MCCBL Athletic Code of Conduct

Admittance into a League game is contingent upon acceptance of the following Code of Conduct. By entering this facility you have agreed to abide by this Code that has been given to you. Please read carefully and fully.

The following model athletic code of conduct is promulgated in accordance with the provisions of P.L. 2002, Chapter 74.

Interscholastic and youth sports programs play an important role in promoting the physical, social and emotional development of children. It is therefore essential for parents, coaches and officials to encourage youth athletes to embrace the values of good sportsmanship. Moreover, adults involved in youth sports events should be models of good sportsmanship and should lead by example by demonstrating fairness, respect and self control.

I therefore pledge to be responsible for my words and actions while attending, coaching, officiating or participating in a youth sports event and shall conform my behavior to the following code of conduct:

1. I will not engage in unsportsmanlike conduct with any coach, parent, player, participant, official or any other attendee.
2. I will not encourage my child, or any other person, to engage in unsportsmanlike conduct with any coach, parent, player, participant, official or any other attendee.
3. I will not engage in any behavior which would endanger the health, safety or well being of any coach, parent, player, participant, official or any other attendee.
4. I will not encourage my child, or any other person, to engage in any behavior which would endanger the health, safety or well being of any coach, parent, player, participant, official or any other attendee.
5. I will not use drugs or alcohol while at a youth sports event and will not attend, coach, officiate or participate in a youth sports event while under the influence of drugs or alcohol.
6. I will not permit my child, or encourage any other person, to use drugs or alcohol at a youth sports event and will not permit my child, or encourage any other person, to attend, coach, officiate or participate in a youth sports event while under the influence of drugs or alcohol.
7. I will not engage in the use of profanity.
8. I will not encourage my child, or any other person, to engage in the use of profanity.
9. I will treat any coach, parent, player, participant, official or any other attendee with respect regardless of race, creed, color, national origin, sex, sexual orientation or ability.
10. I will encourage my child to treat any coach, parent, player, participant, official or any other attendee with respect regardless of race, creed, color, national origin, sex, sexual orientation or ability.
11. I will not engage in verbal or physical threats or abuse aimed at any coach, parent, player, participant, official or any other attendee.
12. I will not encourage my child, or any other person, to engage in verbal or physical threats or abuse aimed at any coach, parent, player, participant, official or any other attendee.
13. I will not initiate a fight or scuffle with any coach, parent, player, participant, official or any other attendee.
14. I will not encourage my child, or any other person, to initiate a fight or scuffle with any coach, parent, player, participant, official or any other attendee.

I hereby agree that if I fail to conform my conduct to the foregoing while attending, coaching, officiating or participating in a youth sports event I will be subject to disciplinary action, including but not limited to the following in any order or combination:

1. Verbal warning issued by a league, organization or school official.
2. Written warning issued by a league, organization or school official.
3. Suspension or immediate ejection from a youth sports event issued by a league, organization or school official who is authorized to issue such suspension or ejection by a school board or youth sports organization.
4. Suspension from multiple youth sports events issued by a league, organization or school official who is authorized to issue such suspension by a school board or youth sports organization.
5. Season suspension or multiple season suspension issued by a school board or youth sports organization.

By entering this facility, you have implied agreement with this Code of Conduct.

Thank you for your cooperation



Morris County Catholic Basketball League League Rules

1. Review of Rules - Junior Varsity

1.

- Four 8 minute quarters will be played with an eight minute halftime
- Five personal fouls per player per game
- Three one minute timeouts (first whistle at 45 seconds) & two 30 second timeouts per game.
- No back court press allowed except the last two minutes of each half. If a team is ahead by 20 or more points, then they may not press.
- Full size ball will be used for JV6 boys;
- Boys JV 5th Grade and all Girls will use the 28.5 size ball.
- Players **MUST** be full time students of the school competing.
- Defenders can enter the lane after a free throw **ONLY** after the ball hits the rim. 5th grade boys and girls, 6th grade girls may step over the line while shooting free throws.
- **Playing time:** The first 3 Quarters of each game will require the coach to follow a predetermined rotation that is determined by the number of players on the team. The intent is to play "all" the players as equally as possible. See the detailed JV Substitution Rules for further details and guidelines contained in the Coaches Handbook.
- **MAN-TO-MAN DEFENSE:** Mandatory in the 1st and 3rd quarters.
- A Technical foul will be given to any coach and/or parent who scream and/or berates players, officials or coaches in any manner. Further unsportsmanlike behavior will result in eviction, suspension or expulsion.
- Two officials will be used per game.
- No player from the varsity level may play on a JV team. No 6th grade player may play in the 5th grade division.

2. Review of Rules - Varsity (follows same rules as NFHS)

- Four 8 minute quarters will be played with an eight-minute halftime
- Five personal fouls per player per game
- Three one minute timeouts (first whistle at 45 seconds), and two 30 second timeouts.
- Press in the backcourt is permitted except by a team who is ahead by 20 points or more.
- Girls will use the 28.5 ball
- Players **MUST** be full time students of the schools competing.
- Player shooting the free throw may not jump over the line after releasing the ball or charge in to get the rebound before it is touched by another player (or violation).
- Defenders can enter the lane after a free throw **ONLY** after the ball hits the rim.
- 3-point shots will be permitted and scored.
- A Technical foul will be given to any coach and/or parent who scream and/or berates players, officials or coaches in any manner. Further unsportsmanlike behavior will result in eviction, suspension or expulsion.
- Two officials will be used per game.
- No player from the Varsity Level may play on a JV team. No National player may play in the American Division and the reverse as well is not allowed.
- When 2 large Varsity teams play, we will have the "Halftime Exhibition Game" for bench players (kids that did not get into the game in the first half). It will be a free running ten minute clock. Kids that play during the exhibition game may play in the 2nd half. Fouls and points do not count towards the actual game. The ref's will control and call fouls, but the clock will not stop.