

St. Rose of Lima Academy



Maschio's Food Services, Inc.

FEBRUARY LUNCH 2012


Healthy Meals Grow Healthy Kids!

Our lunch menus meet or exceed the USDA Guidelines for child Nutrition lunch program

Monday	Tuesday	Wednesday	Thursday	Friday
FEATURED FRUIT & VEGETABLE Banana & Red Potato		1 Super Bowl Day! Foot Long Hot Dog on a Bun Red Potato Salad Fruit Cup Beverage Selection	2 La Strada Pizza Side Salad Fruit Choice Beverage Selection 	3 NO LUNCH SERVICE
6 Cheese Steak Hero Baked Oven Fries Fruit Choice Beverage Selection	7 Oriental Chicken & Stir Fry Vegetables Fluffy Rice Pineapple Cup Beverage Selection	8 Baked Mac & Cheese w/Dinner Roll Green Beans Fruit Cup Beverage Selection	9 La Strada Pizza Veggie Sticks w/Dip Red Delicious Apple Beverage Selection 	10 Grilled Cheese Sandwich Soup of the Day Fresh Apple Beverage Selection
13 Pizza Bagel Side Garden Salad Fresh Fruit Choice Beverage Selection	14 Heart Healthy Day Grilled Chicken Wrap/Veggie Sticks Soup of the Day Fruit Cup Beverage Selection	15 Corn Dog Nuggets Oven Baked Fries Veggie Sticks & Dip Box of Raisins Beverage Selection	16 La Strada Pizza Side Salad Fruit Cup Beverage Selection 	17 Mini Pancakes w/Turkey Sausage Fresh Banana Beverage Selection
20 	 <h1>winter recess</h1>			24 
27 Chicken Patty on a Roll Buttered Noodles Side Vegetable Fruit Cup Beverage Selection	28 Cheeseburger on a Bun Creamy Mashed Potatoes Fruit Cup Beverage Selection 	29 LEAP YEAR! Pasta w/Chicken in Pink Sauce/ Dinner Roll Tossed Salad Fruit Cup Beverage Selection		

Complete Lunch
 Hot or Cold.....\$3.00
"SIDEKICKS"
 Extra Entrée.....\$1.75
 Milk.....\$0.60
 Fruit Juice.....\$0.50
 Fresh Fruit.....\$0.75
 Baked Chips.....\$0.75
 Bomb Pop.....\$0.75
 Spring Water.....\$0.50
 Snapple.....\$1.00
 Baked Cookie (small).....\$0.50
 Baked Cookie (large).....\$1.00
 Gatorade.....\$1.00
 Soup w/Crackers.....\$1.00
 (when available)
 Condiment packs 2 for \$0.25

SERVED DAILY AS AN ALTERNATE LUNCH in PLACE of a HOT ENTRÉE
\$3.00
 Grilled Chicken or Cheese Salad Platter w/
 Garden Greens, Fruit and Beverage Selection
 -or-
 Grilled Chicken Wrap w/Lettuce, Fruit And Beverage Selection
 -or-
 Bagel Bag w/Gogurt Stick or Polly-o Cheese Stick, Fruit and Beverage Selection



LUNCH TICKETS
 are available in the Cafeteria. 10 meals \$30.00/20 \$60.00. Please make all checks payable to:
MASCHIO'S FOOD SERVICE
 Beverage choices include:
 Low Fat chocolate, 1%, strawberry, 8 oz. water or 4 oz. 100% fruit juice

www.maschiofood.com
GET ENERGIZED WITH SCHOOL MEALS!

LA STRADA PIZZA
 served weekly w/side vegetable, fruit & beverage

Menu subject to change

Available salad dressings: Ranch, French, Italian and Caesar