

ST. ROSE OF LIMA ACADEMY

Maschio's Food Services, Inc.

APRIL LUNCH MENU 2010

Healthy Meals Grow Healthy Kids!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Eat Better Eat Together</p>  <p>Share a Family Meal</p>		<p>Fruit of the Month: Orange Vegetable of the Month: Potato</p> 	<p>1 No Lunch Service 1/2 Day</p>	<p>2 GOOD FRIDAY SCHOOL CLOSED</p>
<p>5</p> 	<p>6 7 8 9</p> <h2>easter vacation</h2>			
<p>12 Chicken Nuggets w/Roll Mashed Potatoes Mixed Fruit Cup Beverage Choice</p>	<p>13 Pancakes w/Syrup Sausage Patty Fresh Orange Beverage Choice</p>	<p>14 Hot Dog on a Roll Vegetarian Beans Fruit Cup Beverage Choice</p> 	<p>15 La Strada Pizza w/Cucumber & Dip Fruit Cup Beverage Choice</p>	<p>16 Hamburger on a Roll Oven Baked Fries Fruit Cup Beverage Choice</p>
<p>19 Pizza Sticks w/Marinara Sauce Wheat Roll Side Vegetable Fruit Cup Beverage Choice</p>	<p>20 Oriental Chicken w/Vegetables Steamed Rice Pineapple Cup Fortune Cookie Beverage Choice</p>	<p>21 Chicken Patty on a Roll Mixed Vegetables Fresh Apple Beverage Choice</p>	<p>22 EARTH DAY La Strada Pizza w/Baby Carrots & Dip Fruit Cup Beverage Choice</p> 	<p>23 Taco Wrap w/Cheese Salsa Cup Steamed Rice Fruit Cup Beverage Choice</p>
<p>26 Chicken Wrap w/Lettuce Pepper Sticks w/Dip Fruit Cup Beverage Choice</p>	<p>27 <u>Hats of to Baseball</u> Foot Long Hot Dog on a Bun Mashed Potato Fresh Orange Beverage Choice</p> 	<p>28 Mac & Cheese Dinner Roll Veggie Sticks & Dip Assorted Fruit Choice Beverage Choice</p>	<p>29 La Strada Pizza w/Baby Carrots & Dip Fruit Cup Beverage Choice</p>	<p>30 Pasta w/Pink Sauce Dinner Roll Side Vegetable Fruit Beverage Choice</p>

COMPLETE LUNCH

\$3.00

"SIDEKICKS"

Extra Entrée'	\$1.75
Milk	\$0.60
Spring Water	\$0.50
Fruit Juice	\$0.50
Fresh Fruit	\$0.75
Baked Chips	\$0.75
Ice Cream	\$0.75-\$1.25
Baked Cookie (sm.)	\$0.50
(large)	\$0.75
Snapple	\$1.00
Gatorade	\$1.00
Soup w/Crackers	\$1.00

Served Daily as an Alternate Lunch in Place of Hot Lunch

Entrée

Grilled Chicken Caesar Salad w/Garden Greens
Fruit and Beverage Choice

-or-

Grilled Chicken Wrap w/Lettuce
Fruit and Beverage Choice

-or-

Bagel Bag meal w/Gogurt Stick or Cheese String Stick
Fruit and Beverage Choice

\$3.00

La Strada Pizza Served Weekly w/Fruit, Veggie and Beverage Choice





Menu subject to change

www.maschiofood.com

Beverage choices include: low fat chocolate, 1% & skim milk, 8 oz. water or 4 oz. juice.
LUNCH TICKETS available in the cafeteria. 10 meals \$30.00/20 meals \$60.00.
Please make checks payable to:
Maschio's Food Service
MASCHIO FOOD SERVICE

Our lunch menus meet or exceed the USDA guidelines for Child Nutrition lunch programs