

St. Rose of Lima Academy
52 Short Hills Avenue
Short Hills, NJ 07078
(973) 379-3973

Dear Parents of 6th, 7th, and 8th Graders,

Enclosed are forms mandated by the State of New Jersey for all students enrolled in after school sports. Please complete these forms and return all them to the nurse's office prior to the start of your child's athletic season (or as soon as possible thereafter). The Physical Evaluation Form and Clearance Forms will need to be signed by your child's primary care provider.

The forms to be returned include:

____ Pre-Participation Physical Evaluation (4 pages)

____ Health History Update Questionnaire (if last physical more than 3 months ago)

____ Sudden Cardiac Death Sign-Off Sheet

____ Sports-Related Concussion and Head Injury Sign-Off

Thank you for your assistance and have fun!

Julie Jaarsma BSN, RN and Lin Zuckerman BSN, RN